



## i-THRIVE: Implementation checklist for a “THRIVE-like” system

	Already in place in my local area	Not yet in place but work in progress	Not in place and no work towards this yet	Comments (e.g. is it a local priority? what resources are needed? is this seen as a useful piece of work?)
Children and young people's mental health is included in the LTP and the STP and implementation plan is in place for delivering outcomes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Multi-agency strategy and policy for delivering improved outcomes for children and young people's mental health operational with clear and measureable goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Multi-agency commissioning board operational with joint accountability for delivering strategy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Shared outcome framework for the multi-agency commissioning board is in place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Annual commissioning cycle (multi-agency) operational supported by formal mechanism for service performance, outcome and preference data to inform the process	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Joint budgets to support delivery of strategy established with processes in place across all involved agencies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Protocols established for regular sharing of performance and outcomes data across all agencies and commissioners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Introduction of preference data collection across all agencies and sectors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
All QI projects are undertaken using recognised methodology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Outcomes and process measures are collected routinely and this data is used to help shape service provision, manage performance and deliver interventions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Local pathways structured to deliver care according to five THRIVE needs based groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Multi-agency assessment that categorises children and young people into the THRIVE needs based groups is operational	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
THRIVE needs based group recorded for all cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Implementation of i-THRIVE Grids to support shared decision making	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Record of shared decision making documented for all cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Population health and wellbeing offer available to all children and young people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



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Targeted prevention and resilience building offer available to children and young people who we know are more likely to require support with their mental health and wellbeing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Digital front end is available for children, young people and their families	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
There is a self-help and peer support offer available to children, young people and families	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Senior mental health practitioners (band 8 or above) involved in all advice and signposting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Digitally enabled database of full range of community providers is operational	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
In reach from CAMHS to schools is operational	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
In reach from CAMHS to primary care is operational	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CAMHS outreach to hard to reach groups is operational	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Evidence of families being involved in development of care plans in all cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Evidence of therapy being aligned with NICE guidance for all cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Recorded note of treatment goals and expected outcomes for all cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Children, young people and their families are managed within the recommended number of therapy sessions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Reasons for ending proforma completed for all cases with treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Multi-agency structures and protocols for providing risk support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Multi-agency THRIVE plans documented for all risk support cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

These requirements are taken from the THRIVE Assessment Tool. The THRIVE Assessment Tool is used by local areas to self-assess how “THRIVE-like” they are and to identify areas for improvement within the system. More information about the THRIVE Assessment Tool can be found at [www.implementingTHRIVE.org](http://www.implementingTHRIVE.org) or by contacting [bethan.morris@annafreud.org](mailto:bethan.morris@annafreud.org).

For more information about i-THRIVE please visit [www.implementingTHRIVE.org](http://www.implementingTHRIVE.org) and follow us on Twitter: [@iTHRIVEinfo](https://twitter.com/iTHRIVEinfo)