

Feeling Good Week

7th – 11th February 2022



It can be easy to think you need to change parts of yourself, but what if you spent more time devoted to being you, for you?

We would like to see ideas that promote acceptance, respect and celebration of all children and young people for who they are

For more information visit:

<https://www.healthyyoungmindsinherts.org.uk/home/news-and-resources/events/feeling-good-week-february-2022>

Apply to receive up to £500 to promote Feeling Good Week in Hertfordshire

